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Course Review - AK and Peripheral Nerve Entrapment

Clive Lindley-Jones, Oxford, 26 - 28 Sept 2008

This course was one of the most thorough and well presented I have ever attended. The sheer quantity and quality of material taught was remarkable for a course lasting only 3 days. Despite the immense amount of material to cover, the course was taught in a very relaxed and enjoyable way. What I have learned has already benefited my practice on a number of occasions. It is unusual to retain quite so much information after a course, but Clive's teaching makes it interesting and enjoyable, and the beautifully presented 200 page book he provides make it very easy to refresh your memory networks... The book contains comprehensive course notes and additional research papers. The teaching encourages you to think laterally and holistically, expands therapeutic possibilities, and gives you the tools to find and correct long-standing compensatory patterns.



Topics we covered include reactive muscles; synergists and antagonists; the gait cycle and reflex points; all peripheral nerves - anatomy, investigation and treatment modalities; ligament interlink; and injury recall.

I would thoroughly recommend this course to all AK practitioners, and feel it should be essential knowledge for anyone involved in musculoskeletal medicine. Hopefully it won't be long until Clive will teach this course again in the UK, so anyone who hasn't had the opportunity to attend will be able to do so.

Karen Willis